

BOOK & WEBSITE LIST – BEREAVEMENT

WEBSITES

- ❖ Guiding kids through life's storms www.rainbows.ca
- ❖ Pregnancy and infant loss network <http://pailnetwork.ca/resources/>
- ❖ Suicide Bereavement support <http://calgary.cmha.ca/programs-and-services/suicide-support/>
- ❖ Red Deer Hospice – offers grief groups www.reddeerhospice.com

GREIVING – GENERAL

- ❖ Men and Grief by Carol Staudacher
- ❖ Beyond Grief by Carol Staudacher
- ❖ Living Through Personal Crisis by Ann Kaiser-Stearns
- ❖ Living When a Loved One Has Died by Earl Grollman
- ❖ About Mourning: Support & Guidance for the Bereaved by Savine Weizman
- ❖ This Thing Called Grief: New Understanding of Loss by Thomas M. Ellis
- ❖ A Grief Observed by C.S. Lewis
- ❖ How to Survive the Loss of a Love by Melba Colgrove and Peter McWilliams
- ❖ Surviving, Healing and Growing, The How to Survive the Loss of a Love “Workbook” by Melba Colgrove, and Peter McWilliams
- ❖ Parenting Through the Crisis: Helping Kids in Times of Loss, Grief & Change by Barbara Coloroso
- ❖ Healing a Child's Grieving Heart, 100 Practical Ideas for Families, Friends & Caregivers by Alan D. Wolfelt Ph.d
- ❖ When a Baby Dies: Answers to Comfort Grieving Parents by Ronald H. Nash

HELPING SOMEONE WHO IS GRIEVING

- ❖ Call Me If You Need Anything and Other Things Not To Say: A Guide to Helping Others Through Tragedy and Grief. By Cathy Peterson

GRIEVING A SUICIDE DEATH

- ❖ Silent Grief: Living in the Wake of Suicide by Christopher Lukas
- ❖ After Suicide by John Hewett
- ❖ My Son, My Son, A Guide to Healing After Death, Loss or Suicide by Iris Bolton

SUICIDE

- ❖ Suicide: Prevention, Intervention, Postvention by Earl Grollman